

A CREATIVE TEAM WITH A REAL-WORLD EXPERIENCE.

We apply our extensive knowledge of adult-learning theory and techniques to give you the tools you need to grow.



BEN GRIMES

Executive Coach

Ben brings over twenty years of legal experience, encompassing sensitive advisory roles, over 100 bench and jury trials, and expertise in navigating complex ethics issues. His extensive career in the U.S. Army JAG Corps has honed his leadership skills, which he integrates with his passion for the legal profession.

Throughout his career, Ben has been dedicated to helping attorneys forge stronger connections with each other and their clients, striving to prevent the common pitfalls of poor or abrasive leadership. His approach emphasizes the importance of ethical conduct, effective communication, and mutual respect, fostering a more collaborative and supportive legal community. His goal is to inspire and mentor attorneys to become skilled practitioners and influential and compassionate leaders.

Ben holds an undergraduate degree from the United States Military Academy, a law degree from New York University, and an LL.M. focusing on international law. Additionally, he has a Certificate in Leadership Coaching from Georgetown University.

 Schedule a Call

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