

A CREATIVE TEAM WITH A REAL-WORLD EXPERIENCE.

We apply our extensive knowledge of adult-learning theory and techniques to give you the tools you need to grow.



KATIE ALDRICH

Trainer & Senior Coach

Katie has spent over ten years working in law firms and in professional development, focusing on supporting her clients to achieve success individually and for their organizations. Before joining Fringe, Katie practiced as a business litigator for over five years, where she discovered a passion for helping her colleagues thrive within their careers. Building on that interest, Katie transitioned to working in professional development for two large law firms, where she focused on attorney coaching, performance management, and curriculum development. Since joining Fringe, Katie's coaching and facilitation emphasize improving interpersonal communication skills, developing leadership competencies, and fostering resilient mindsets. Katie's practice also includes facilitating conflict resolution mediations, and training leaders in conflict resolution techniques.

Katie is a Certified Professional Co-Active Coach through the Co-Active Training Institute (CTI), a Brain-Based Certified Coach through the NeuroLeadership Institute (NLI), and a Professional Certified Coach through the International Coaching Federation (ICF). Katie is also a certified mediator through the Center for Understanding in Conflict, has a certificate in conflict resolution from Cornell University, and has completed graduate-level coursework in conflict resolution at the University of Massachusetts.

 Schedule a Call

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